

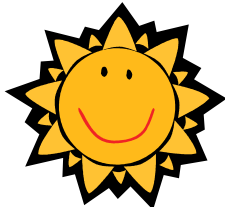


# VILLAGE OF ANTIOCH COMMUNITY CALENDAR

Dorothy A. Larson, Mayor

The "Community Calendar" provides an opportunity to keep Village Residents informed by announcing Antioch meetings, events and services. To submit information, please send it by mail to 806 Holbek Dr., e-mail to [Istahl@antioch.il.gov](mailto:Istahl@antioch.il.gov) or by fax to 847-838-4328 and include your name and telephone number. Articles are due by the 15th of each month. Publication is subject to review by Village staff. Thank you. Phone: 847-395-2160. Contact: Laurie Stahl

## AUGUST 2006

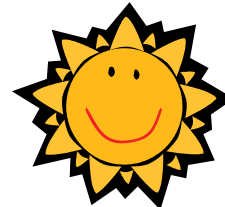


### Village Hall Hours

Monday: 8:30 a.m.-7:00 p.m.

Tuesday-Friday: 8:30 a.m.-5:00 p.m.

Drop box slot available at the Village Hall after hours.



### AUGUST NEWS

Our last month of summer is here and starts off with the annual **Lion's Club Chicken BBQ and Rescue Squad Auction** at Williams Park on Sunday, August 6th from 11:00 a.m. - 6:00 p.m. Dinner tickets are available ahead of time at the Piggly Wiggly for \$8. Tickets will be \$10 on the day of the event. There will also be free swimming at the Antioch Aqua Center from noon until 8:00 p.m.

You still have four more chances to enjoy "It's Thursday" concerts beginning at 7:30 p.m. Check the schedule inside for details. Don't forget the Merchants are open until 8:00 p.m. on concert dates and look for the participating restaurants with concert specials from 4:30 - 7:30 p.m.

**Congratulations to all Independence Day Contest Winners!** Winner of the State Bank of the Lakes 5 K Run was our own Antioch Aqua Center employee Andy Napier with a time of 16:02. The fastest time for the females was Cari Setzlor of Wonder Lake, IL with a time of 19:07. Winner of the Float Contest was Lakes Area Historical Society. Other parade winners were Kiana Graushar, winner of the Bike Decorating Contest and an Antioch Schwinn Cyclery gift certificate, John Kettman, winner of the Pet Contest and a gift certificate from Best Pets and Chloe Grass, winner of the Patriotic Costume Contest and an Antioch Parks & Recreation gift certificate. Winners of the First National Bank Employee Owned Sports Tournaments were: Softball Tournament - Northshore Team - captain, Eric Carlburg; Volleyball - The Twisted Cow Team - captain, Dennis Lowe; Basketball 3 Point Shoot Out: Women under 20 - Shanna Hertz, age 14; Men 11 and under - Jake DeGrave, age 11; Men 12-15 - Johnny O'Conner, age 12; Men 20 and up - John Hertz, age 47. Winner of the Horse Shoe Tournament was Stan Maczala.

**Thanks to all those who participated, donated items or volunteered their time to make the Independence Day a wonderful Antioch event!**

### AUGUST CALENDAR:

8/3 THUR:	<ul style="list-style-type: none"><li>- "It's Thursday" Concert <b>Blooze Brothers Show Band</b>, 7:30 p.m. on Skidmore Dr.</li><li>- <b>District 117 Board Meeting</b>, at ACHS Library 7:00 p.m.</li></ul>
8/6 SUN:	<ul style="list-style-type: none"><li>- <b>Lion's Club Chicken BBQ and Rescue Squad Auction</b>, 11:00 a.m.-6:00 p.m. at Williams Park</li></ul>
8/7 MON:	<ul style="list-style-type: none"><li>- <b>Village Board Meeting</b>, 7:30 p.m. at Village Hall</li><li>- <b>Redevelopment Commission Meeting</b>, 7:30 p.m. at Village Hall</li></ul>
8/8 TUES:	<ul style="list-style-type: none"><li>- <b>Village Board Standing Committee Meetings</b>, 6:30 p.m. Planning &amp; Zoning, Senior Services, Engineering, Public Works &amp; Utilities, Legislative &amp; Human Resources</li><li>- <b>Friends of Library</b>, 6:30 p.m. at the Library downstairs meeting room. Everyone welcome.</li><li>- <b>Viking Youth Football &amp; Cheerleading Assoc. Meeting</b>, 7:00 p.m. at the Senior Center</li></ul>
8/10 THUR:	<ul style="list-style-type: none"><li>- "It's Thursday" Concert <b>The Ragtops and Classic Car Show</b>, 7:30 p.m. on Skidmore Dr.</li><li>- <b>Combined Planning &amp; Zoning Commission Meeting</b>, 7:30 p.m. at Village Hall</li><li>- <b>Antioch Township Meeting</b>, 7:00 p.m. at Township Hall on Deep Lake Rd.</li></ul>
8/14 MON:	<ul style="list-style-type: none"><li>- <b>Brush Pick-up</b></li></ul>

Village of Antioch - 874 Main Street - Antioch, IL 60002 - 847-395-1000 - Fax 847-395-1920

Trustees: Robert J. Caulfield Jr., Lawrence M. Hanson, Robert E. McCarty, Scott A. Pierce, Barbara S. Porch, Mary J. Turner

<b>8/16 WED:</b>	- <b>Immunization Program at VFW Hall Post #4451</b> , 4:00 - 6:00 p.m. at 75 North Avenue - <b>Antioch Park Board Meeting</b> , 7:00 p.m. at Village Hall
<b>8/17THUR:</b>	- <b>"It's Thursday" Concert The New Invaders (60's Flashback)</b> , 7:30 p.m. on Skidmore Dr. - <b>District 117 Board Meeting</b> , at ACHS Library 7:00 p.m.
<b>8/21 MON:</b>	- <b>Village Board Meeting</b> , 7:30 p.m. at Village Hall - <b>Antioch Coin Club Meeting</b> , 7:30 p.m. at Library, public welcome to attend. For more info call JoAnne
<b>8/22 TUES:</b>	- <b>Village Board Standing Committee Meetings</b> , 6:30 p.m. Public Safety, Parks & License, Finance Economic, Redevelopment & Business District Fund, Delinquent Escrow Accounts - <b>Antioch Public Library District Meeting</b> , 7:00 p.m. at the Library
<b>8/23 WED:</b>	- <b>AYLL Meeting</b> , 7:00 p.m. at AUGS
<b>8/24 THUR:</b>	- <b>Final "It's Thursday" Concert The Rockerfellers</b> , 7:30 p.m. on Skidmore
<b>8/26 SAT:</b>	- <b>Friends of the Park Clean-up at North &amp; Jensen Park</b> , 9:00 a.m.-Noon
<b>8/27 SUN:</b>	- <b>Antioch Aqua Center - Last Day</b> , noon - 8:00 p.m.
<b>8/29 TUES:</b>	- <b>Antioch Public Library District Board Meeting</b> , 7:00 p.m. at the library meeting room

Visit us on our Web Address at: <http://www.antioch.il.gov/>

## **SPECIAL EVENTS AND NOTICES**



### **AQUATICS CENTER UPDATE**

Recently, the Village of Antioch purchased a parcel of land on the Southeast side of North Ave. (known as the Bitner Farm). This parcel was adjacent to parkland that the Village already owned which made this site just under 20 acres. The Village is planning to build an Aquatic Center and Recreation Center on this parcel of land in the future. The Village Board recently voted to name the future Aquatic Center after Village Employee, Winnie Sorensen who has been employed at the existing pool since it opened in 1958. This existing outdoor pool no longer serves the needs of this growing community. The Aqua Center also requires costly repairs and maintenance yearly.

The Village would like to thank all those who returned the Aquatic/Recreation Center survey either on-line, by mail or fax. We received approx. 600 replies. The Village has hired an architect firm, PHN Architects out of Wheaton IL. They are in the process of compiling the information from these surveys and will then draw up a preliminary plan based on the information received. The Park Board will then review the plan and at that time, a special meeting will take place for input from interested residents. The Village will post all special meetings and park board meetings on the Village Website and at Village Hall.

### **PARKS & RECREATION NEWS**

The 2006/2007 Fall & Winter Park Brochure should be available the first week of September. Please see the back page of this newsletter for upcoming park programs for August. or view the programs on line at:

[www.antioch.il.gov/springsummerprogramGuide.pdf](http://www.antioch.il.gov/springsummerprogramGuide.pdf)

Antioch residents (60002 zip code) can now purchase tickets for our 8th annual **Mother/Son Bowling Night**. The event will be held on Sunday,

September 17th from 4:00-6:00 p.m. at the Antioch Bowling Lanes. Tickets are \$20 per couple (\$10 for additional son). Two games of bowling, a memorable photo and refreshments (hot dog, chips and a pop) will be included along with shoe rental. Bumper bowling will be made available upon request. Because this is a family event, there will be no smoking or drinking of alcohol allowed. Limited amount of tickets sold so purchase early! Tickets for non-residents will go on sale September 5th if still available.

A **Teen Splash Bash** is planned for Friday, August 11th from 8:00-10:00 p.m. (weather permitting) at the Antioch Aqua Center. Teens going into 6th-8th grade are welcome to attend. Please bring your school ID or report card to show grade level. Our DJ will keep the party jumping so you can dance poolside or enjoy fun in the water. The water slide and concession stand will be open. Lifeguards will be on duty. Fee is \$4 for residents and \$5 for non-residents. No passes. No pre-registration, fee will be collected at the event.

We are now taking registration for our **"Time For Me Two"** parent/tot program for 2 and 3 year olds. These classes are a unique experience between a parent/guardian and child. Classes are from 9:00 - 10:30 a.m. on Fridays. This year, the class will run much like our pre-school program, from September-May with four 7 week payment sessions. We will take the first 10 couples that register and then take a waiting list in case anyone drops from the program during the year.

The Parks Dept. still has limited space available in our **Camp Crayon Pre-School** classes. **Camp Crayon Pre-School** has openings in the 4 year old classes, either Tuesday/Thursday morning class from 9:00-11:30 a.m. or the 3 day a week program Mon/Wed/Fri afternoon class from 12:30-3:00 p.m. Children must be 4 by September 1, 2006. Class will begin the week of September 11th and run through May 2007. There are 5 payment sessions throughout the year.

## SIX FLAGS GREAT AMERICA TICKETS

As a community service, Six Flags Great America tickets can once again be purchased at the Parks and Recreation Office at 806 Holbek Dr. The Parks Office will sell General Admission 1-Day tickets at a cost of \$36.50 (savings of \$20.04) and General Admission 2-Day tickets at a cost of \$54.00 (savings of \$12.94). Children 3 and under are free. The parks office will accept **CASH ONLY** for these tickets. This is a great way to avoid the long ticket lines at the park as well as a great savings!

## ANTIOCH SENIOR CENTER NEWS

### Important Upcoming Dates for Seniors

**Friday, August 11 - Toe Nail Clinic:** Call for appointment at 847-395-0139.

**Monday, August 21 - Health Van:** Preventive health screenings from 10:15 a.m.-12:30 p.m. No appointment necessary.

**Line Dancing Lessons** for beginners and intermediates. Call Senior Center for more information at 847-395-0139.

Other daily or weekly programs: Exercise Class, Pinochle, bingo, sing-a-long choral group, crafts, trips, bridge, daily luncheons, AARP, movies, monthly dances, cribbage, internet access, and treadmill. Call Paul Howard at the Senior Center for more info at 847-395-0139.

## FRIENDS OF THE PARK CLEAN-UP

Come and join the "Friends of the Park" the last Saturday of each month from 9:00 a.m. - noon (June September). We will spruce up our parks to keep them clean and beautiful for all to enjoy. This month's clean up will take place at North Park on Donin Drive and continue on to Jensen Park on Alima Terrace on August 26th. Bring your garden gloves and your favorite garden rake if you like. We will have gardening tools available for use also. If you have any questions, call the Parks Dept. at 847-395-2160.

## CHOOSING A CONTRACTOR

### Know what you are getting for your money

1. Do comparative shopping! Get two or three bid proposals. Read them carefully. Know what you are getting for your money; the lowest bid is not always the best bid.

2. How much of a down payment is required? It should be a **small** percentage of the total cost, but in no case greater than half the total project cost.

3. Is the down payment refundable or based on a surcharge?

4. If the down payment is a large sum and you're told it is for the purchasing of material then have them deliver the material to the site or home right away. You should have possession of that material if you are purchasing it.

5. Contractor should be willing to apply for the permit. Contractor should also contact JULIE (1-800-892-0123) if there will be any digging or excavation.

6. Ask for references within the local area. Take the time to check references by phone or visit a completed project.

7. Check with an agency such as:

Northern Illinois Home Builders Association  
29 W 140 Butterfield Road, Warrenville, IL 60555  
(630) 393-4490; website: <http://www.nihba.com>

Better Business Bureau of Chicago  
and Northern Illinois

330 N Wabash, Suite 2006, Chicago, IL 60611  
(312) 832-0500;

website: <http://www.chicago.bbb.org>

8. Final payment to the contractor should occur only after you are satisfied that the job is complete, and you've received a final approved inspection report from the Building Department, (if a permit was required).

## PM&L THEATRE

PM&L Theatre, located at 877 Main Street (US 83) in Antioch, IL will present its summer musical GYPSY at the theatre. Play dates are Aug. 4 & 5 at 8 pm and Aug. 6 at 2:30 pm. The box office hours are from 6 to 8 pm from Monday til Thursday, 11 am til 2 pm on Saturdays and 1 ½ hours before the show times. Cost is \$15 for adults and \$12 for seniors and students thru high school. The number for reservations is 847-395-3055.

GYPSY is the musical version of the real life Gypsy Rose Lee's rise from child vaudeville star to America's greatest stripper and features such great hits as "Let Me Entertain You" and "Everything's Comin' Up Roses".

Featured performers include Colleen Badtke (Genoa City) as the Adult Louise (Gypsy) and Emily Olson (Antioch) as Baby Louise, Meghan Hoskens (Lindenhurst) as the adult June Havoc and Natalie Olson (Antioch) as Baby June, Lorrie Ferguson (Salem, WI) as Mama Rose, Mark Badtke (Genoa City) as Herbie, and Justin Bell (Kenosha) as Tulsa. The show is directed by Gigi Willding, stage managed by Debbie and Elmarie Beno, Randy Margison is the musical director and Courtney Willding is the choreographer.

Brochures for PM&L Theatre's upcoming Season 46, "Come Play With Us", will be available during GYPSY. The shows are, CHARLIE'S AUNT, CINDERELLA, E/R (Emergency Room), THE CHILDREN'S HOUR, 1776, and PLAY ON! Treat yourself to a fun-filled show this summer and then subscribe to a full season of top notch entertainment at one of the area's finest community theatres.

## TOWNSHIP NEWS

The Antioch Township Board will sponsor a **Super Senior Day** on Friday, September 22, 2006. This day will include The Rules of the Road Review Course from 10:00 a.m.-noon, vision screening from 9:30 a.m.-2:30 p.m. and a Variety of Services from the Mobile Drivers Facility from 9:30 a.m.-2:30 p.m. Please call Township Hall at 847-395-3378 to pre-register.

The **Township Transit Service** runs Tuesdays and Thursdays making runs to Wal-Mart, Target and area Grocery Stores. This is a 14 passenger bus that is wheel chair accessible. Cost is \$2 round trip. Call 847-265-RIDE.



**ANTIOCH PUBLIC LIBRARY DISTRICT  
AUGUST 2006**

**Children's Programs and Events**

**Sign-Up Required Programs**

Thursday, August 14th 10 a.m. "Wide Mouth Frog" Storytime and craft Ages 4+

Wednesday, August 23rd 6:30 p.m. "The Very Hungry Caterpillar" Storytime and craft. Ages 3+

**Walk-in Programs**

Wednesday, August 2nd 12 p.m. Lunch and a Movie "Charlotte's Web" Rated G 94 min.

August 7 - 3p.m. Balloon Buddies Craft

Wednesday, August 9th 10 a.m. Toddler Time 20 min.

Friday, August 11th 10 a.m. Storytime for 3,4 & 5 year olds

Wednesday, August 16th 3:10 p.m. Book Discussion "Seed Folks" by Paul Fleischman

Friday, August 25th 10 a.m. Walk-in Storytime "School Stories" Ages 4&5

**Monstrous Teen Summer Programs: Junior High and High School**

Advanced registration is necessary for these programs. Please call the library @ 847-395-0874.

**Monstrous Learn to Sew** Tuesdays, August 1 and August 15 2-4 p.m.

Learn the basics of sewing with a machine, how to choose a pattern and fabric, and how to sew projects for fun and charity. Please bring your own portable sewing machine if you have one. Some sewing machines will be provided.

**DDR™ Open Sessions:** Tuesday August 8, 6:30-8:30 p.m. Drop in and practice with your friends. Get ready for our next tournament. Please bring your own drinks and snacks.

**DDR™ Tournament** Wednesday August 16 6-9 p.m. You've practiced all summer at our open DDR™ sessions, now come join us for our first ever DDR™ tournament! Straight from the arcades, the Antioch Public Library brings you the popular game—Dance Dance Revolution. Refreshments will be provided and prizes will be awarded to the winners.

**Monstrous Chess & Cookies** Wednesday August 9 and 30, 6:30-8:30 p.m. Come and practice your chess moves with Zack! All ages are welcome from grade 6 to adult. Beginner instruction will be provided upon request. Please bring your chessboard! Snacks will be provided.

**Monstrous Sport Stacking** August 1 & 22, 7:00-8:30 p.m. Come to the Antioch Public Library in August and find out about the fastest growing new sport in the country! Sport stacking is an exciting individual and team sport in which participants stack and unstack 12 specially designed plastic cups in predetermined sequences. Go to [www.speedstacks.com](http://www.speedstacks.com) for a demonstration video and more information.

**Monstrous Make-up How-to's** August 12 1:00-2:30 p.m. Come and learn how to make yourself into a ghoulish monster with homemade makeup recipes! All recipes use ingredients you probably already have at home! Some of these WILL stain some clothes. All will wash off skin with soap and water. Please wear old clothes!

**Teen Book Discussion is taking a break in August-We will resume in September!**

**Adult Programs**

**August 3, 2006, Thursday at the Movies. 6:30 PM. "Paradise Now" Rated PG-13.** The story places two close friends, Palestinians Said and Khaled, recruited by an extremist group to perpetrate a terrorist attack in Tel-Aviv, blowing up themselves. However, things go wrong and both friends must separate in the border. One of them, maintaining in his purpose of carry the attack to the end, and the other will have his doubts about it.

**Novel Pleasures** August 15 *Snow Flower and Secret Fan* by Lisa See

**Book Chat** August 14 *Plot Against America* by Phillip Roth

Do you have a collection that you would like to show off in our locked display case on the adult side? If so, please call Jane at 847-395-0874 ext. 256 and leave a message so you can be scheduled for the display case for a month.

**Friends of the Library**

Save the date, Wednesday, August 16, for the Friends Sixth Annual Antiques Appraisal Luncheon. Details will be available at the library in June.

The Antioch Library Friends announces the 2006 Antique Appraisal Luncheon, to take place Wednesday, August 16, 2006 at 12:00 p.m. at the Colony House in Trevor, WI. Did you ever wonder whether those "antiques" you've been saving for years have any real value? Here's your chance to find out! Join the Antioch Library Friends for lunch and bring along one antique item for a free appraisal! Appraisals are available for a wide variety of antiques, including jewelry, china, knick-knacks, kitchen utensils and other family heirlooms. Lunch at the Colony house will feature a salad of tossed greens with choice of dressing, grilled chicken breast with choice of sauce, sautéed vegetables, bread and fruit cobbler. Per person cost of \$20.00 for Antioch Library Friends members (\$25.00 for non-members) includes appraisal for one item per person. Seating is limited and reservation must be made in advance by August 9. To register come by the upstairs reference desk at the Library. Please call Amy Blue at the Antioch Public Library District with questions, 847-395-0874.

# Antioch Aqua Center Schedule-August 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Resident daily admission is \$3.00 per person. Non-resident daily admission is \$5.00 per person. Senior Citizen (age 60 & up) daily admission is \$1.00 per person. Children 2 and under are free! Children under 10 must be accompanied by someone 14 or older.		1 Open swim 12:30-8 p.m.	2 Open swim 12:30-8 p.m.	3 Open swim 12:30-8 p.m.	4 Open swim 12:30-8 p.m. Last Day of Swim Lessons	5 Adult Swim 11-12 Open Swim 12-8 p.m.
6 Lions Club Chicken BBQ Free Swimming Open Swim 12-8 p.m.	7 Open Swim 12-8 p.m.	8 Open Swim 12-8 p.m.	9 Open Swim 12-8 p.m.	10 Open Swim 12-8 p.m.	11 Open Swim 12-8 p.m. Teen Pool Bash 8-10 p.m.	12 Adult Swim 11-12 Open Swim 12-8 p.m.
13 Adult Swim 11-12 Open Swim 12-8 p.m.	14 Open Swim 12-8 p.m.	15 Open Swim 12-8 p.m.	16 Open Swim 12-8 p.m.	17 Open Swim 12-8 p.m.	18 Open Swim 12-8 p.m.	19 Adult Swim 11-12 Open Swim 12-8 p.m.
20 Adult Swim 11-12 Open Swim 12-8 p.m.	21 Open Swim 12-8 p.m.	22 Open Swim 12-8 p.m.	23 Open Swim 12-8 p.m.	24 Open Swim 12-8 p.m.	25 Open Swim 12-8 p.m.	26 Adult Swim 11-12 Open Swim 12-8 p.m.
27 Last Day Open	28 Closed	29 For	30 Season	31	*Times subject to change due to Swim Meets or inclement weather.	

## **LIONS CHICKEN BBQ**

# "It's Thursday"

**William E. Brook Entertainment Center – 900 Skidmore Drive**  
On Thursday the FUN starts at 4:30 with Specials on Dining & Shopping!  
Concerts 7:30-9:00

*Sponsored by the Village of Antioch Call 847-395-6342 for information:*

August 3<sup>rd</sup>  
Blooze Brothers Show Band

August 10<sup>th</sup>  
The Ragtops along with...  
A Classic & Custom Car Show  
Sponsored by Raymond Chevrolet

August 17<sup>th</sup>  
The New Invaders

August 24<sup>th</sup>  
The Rockerfellers

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# "It's Midnite Madness"

Where: Downtown Antioch

When: August 24<sup>th</sup>

Time: 9 p.m. - midnight

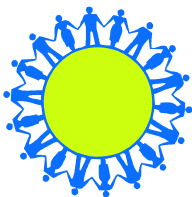
Unbelievable bargains in our retail stores! Stop in any participating store for a chance to win \$500 in Chamber of Commerce Gift Certificates! \*Also get a chance to win a FREE one year lease on a new car from one of Antioch's four auto dealers!

\*(subject to taxes, milcage and qualification)

## DON'T MISS THE FUN AND GREAT BARGAINS!

Come and enjoy our final concert with the "Rockerfellers" at 7:30. Get some EXTRA VALUE coupons when you leave and start power shopping at Midnight Madness. August 24<sup>th</sup> after the concert 9 p.m. – midnight.





## **COMMUNITY SERVICES & ORGANIZATIONS**

### **COMMUNITY TELECARE**

If you live alone or are a shut-in, you might like a daily check up call from Community Telecare. This service is free and is staffed by volunteers. If you or someone you know would like to use this service, please contact Carol at 847-395-2240 or Bev at 847-395-0897.

### **ANTIOCH VFW BINGO**

The Antioch VFW sponsors Bingo every Tuesday night. Open to the public. Doors open at 4:30 p.m. and Bingo starts at 6:45 p.m. Pull tabs are available. Lightning game available as well.  
<mailto:socialjusticeofc@aol.com>.

### **A.A.R.P. MEETING**

Antioch A.A.R.P. Chapter 387 meets on the 2nd and 4th Tuesday of each month at 1:00 p.m. at the Antioch Senior Center at 817 Holbek Dr. in Antioch. For more information, please call Sharon at 847-395-5068.

### **ANTIOCH KIWANIS**

You're invited! The Kiwanis Club of Antioch meets every Tuesday at noon at the Bacchus Charhouse in Antioch. The Kiwanis Club of Antioch is involved in serving the children in our community and worldwide. Come join us, and have the opportunity to share your experience, knowledge and service project ideas. For more information on Kiwanis Club of Antioch please call Melissa at 847-489-8044 or e-mail her at [mjrigoni@hotmail.com](mailto:mjrigoni@hotmail.com) or Larry at 847-838-6125, e-mail [BRSCOOPS@aol.com](mailto:BRSCOOPS@aol.com). The Bacchus Charhouse is located at 25385 W. Rte. 173 in Antioch.

### **FIBROMYALGIA/CHRONIC FATIGUE/ LUPUS SUPPORT GROUP:**

The support group meets the **first Saturday of each month** at 884 Main Street (Route 83) in Antioch from 10:00 AM to noon. For the **August** meeting on **August 3rd**, we will have a speaker presentation. Shawna Burns Freels, MA, MT, and Founder/Director of Radiant Path will speak about therapeutic bodywork services. This group is open to all individuals who have chronic pain conditions, particularly Fibromyalgia, Chronic Fatigue and Lupus. There is no cost to attend and supportive family members are welcome. Seating is limited, so reservations are recommended. For information/reservation, please call 847-362-7807.

### **YWCA OF LAKE COUNTY FREE MAMMOGRAMS**


The YWCA of Lake County ENCOREplus provides breast and cervical cancer education services as well as free and low cost mammograms, free clinical breast exams, scheduling assistance, transportation, childcare and other supportive services to women that may not receive life saving early detection screening tests. Our participants are mostly minority women with little access to medical services. For more information concerning these services, please call 847-662-4247.

### **CHILD SAFETY SEAT CHECKS**

The Antioch Fire Department is now offering free child safety seat checks. For more information, call the Antioch Fire Department at 847-395-5511.

### **TOPS**

TOPS (Take Off Pounds Sensibly) meets every Wednesday. Weigh-ins start at 6:30 p.m. and meetings begin at 7:00 p.m. Meetings are held at the Antioch Senior Center at 817 Holbek in Antioch. For more information, please call Dorothy at 847-395-7407 or Betty at 847-838-3907.



**LADIES**  
**Workout Express**

TRY BEFORE  
YOU BUY ...  
**Free 3 DAY PASS**

This pass entitles a guest to 3 workouts. One trial per person.

- New "Cardio-Theater" • Tanning Available
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847/395-5101  
815/344-5172

ADVERTISER  
DELIVERY SERVICE  
847/395-7500  
815/338-2547



## **THE GOOD SAMARITAN A COLLECTION & DISTRIBUTION CENTER**

If you have any items that a family in need could use, we'll collect them. If you know of a family in need, we'll distribute to them. Some of the items we have are: Coats, Outerwear, Clothes, Linens, Toys, and many other items. If donating clothing, please make sure that all clothes are clean. The Distribution Center is at Distinctive Signs which is located at 43420 N. Rte. 45 in Antioch. Please call Jeff at 847-395-7217 for more information. For Food Pantry assistance or to donate food call Kathy at the Open Arms Mission Food Pantry at 847-395-0309.

## **CENTER FOR CULTURAL INTERCHANGE**

CCI, an Illinois based exchange program, is looking for individuals and families to host a foreign exchange student for either a semester or for the school year. Find out more on how you can open your home and heart to a student at [www.cci-exchange.com](http://www.cci-exchange.com) or contact Marge at 888-488-4056.

## **CHILD SAFETY SEAT CHECKS**

The Antioch Fire Department is now offering free child safety seat checks. For more information, call the Antioch Fire Dept. at 847-395-5511.

## **ANTIOCH LOYAL ORDER OF MOOSE PROTECT OUR CHILDREN !**

On August 6, 2006, the Antioch Loyal Order of Moose Family Activities Committee is inviting parents in our area to receive a free identification kit for your child. Bring your child to the Moose Lodge to be fingerprinted and to have a DNA sample taken. These items will be placed in a free I. D. kit for you to keep in a safe place. You may add a recent photo and a description of your child to your kit. Please call the Lodge for additional information, (if needed) at 847-395-9780. These kits will be available from 11:00 a.m. until 2:00 p.m. on August 6 at the Moose Lodge - 2 miles West of Rt. 59 on State Route 173.

The Antioch Loyal Order of Moose Fraternal Organization has been in existence more than fifty years. Our members help to support the Moose Internationals Mooseheart - a home and school - located in a safe community for disadvantaged children in Batavia, Ill. Our older members may elect to retire to "Moosehaven" near Jacksonville, Fla. Our Loyal Order men and Women of the Moose also help in our local communities - usually without fanfare. Chapters of Women of the Moose and Loyal Order of Moose are located in the U. S. , Canada, Great Britain and Bermuda.

## **OPEN ARMS MISSION**

**Back to School Supplies for area students in need.** Here it is still summer vacation, but it is time for us to start preparing for "Back-to-School". Open Arms Mission has a goal to supply 250 school age children in need from the Antioch and Lake Villa Township Schools. *We need your help* to ensure that each community child enters the first day of school confidently with the necessary tools for a great new school year! An \$11.00 donation buys a student a supply kit or supplies may be dropped off a designated barrel at AtoZ Rental in Antioch.

Open Arms Mission is your community outreach program, 100% volunteer based, neighbor helping neighbor toward building a healthier community in Antioch and Lake Villa Townships one family at a time. For information, donation or volunteer opportunities, **contact open Arms Mission at 847-395-0309.** All donations are tax deductible, we are a non-profit 501(c)(3). **Our mailing address is Open Arms Mission, P.O. Box 79, Antioch, IL 60002.**

## **Orchard Medical Center, S.C. FAMILY PRACTICE MEDICINE**

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## SCHOOL & CHURCH NEWS

### **9th ANNUAL DISTRICT 34 EDUCATIONAL FOUNDATION GOLF OUTING**

The 9<sup>th</sup> Annual District 34 Educational Foundation Golf Outing is scheduled to take place on Wednesday, August 9th at the Antioch Golf Club. The outing is a fundraiser for the District 34 Educational Foundation to give money back to the schools for a variety of purposes including fulfilling the request of "Mini Grants" from the staff.

The outing will be a 2 man scramble format with a shotgun start at 1:00 p.m. A cookout lunch at the club will be available at 11:30 a.m. At 6:00 p.m., there will be a cash bar and dinner buffet. Awards and raffles will follow dinner. The cost of golf is \$80 per person and includes 18 holes of golf, ½ cart, lunch, dinner and prizes. Dinner only is \$25 per person.

Anyone interested in coming out for a fun day of golf or wishing to make a donation or sponsor a hole should call, Greg Stevens at 847-395-5647.

### **VACATION BIBLE SCHOOL**

Come to Treasure Cove!!! Vacation Bible School will be held at St. Stephen Lutheran Church from August 7-11, 2006 for children in preschool through fourth grade. Sign up now to come join in the fun and treasure-seeking! Registration forms are available at the church, or contact Kim at (847) 838-3138 for more information.

### **BEAUTIFUL SAVIOR CHURCH DEDICATION**

God-willing, the members of Beautiful Savior Lutheran Church intend to celebrate the dedication of their new church building for service in the Kingdom of God on Sunday, August 27, at 4pm. There will be a fellowship meal following the service. Everyone in the community is invited to attend. The new church is located at 1501 Deep Lake Rd. in Antioch. The congregation is a member of the Lutheran Church-Missouri Synod, the church of "The Lutheran Hour." For more information, please contact Pastor Darald Gruen at 847-395-9400.

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## UPCOMING PARKS & RECREATION PROGRAMS

PICK UP OUR NEW PARK BROCHURE FOR DETAILS ON ALL THE CLASSES LISTED BELOW AND MUCH MORE!!!

IMPORTANT!! PLEASE REGISTER FOR ALL CLASSES AT LEAST 1 WEEK BEFORE START DATE TO AVOID CANCELLATION OF CLASS!!

The following classes will be coming up soon. Please call the Parks Office at 847-395-2160 for more information on the classes listed below or stop by the Parks Office at 806 Holbek Dr. for a detailed brochure.

**SHOTOKAN KARATE-** Many Shotokan Karate classes are available for children beginning at age 3 all the way up to adults. Classes offered: Lil' Dragons (3-5 yrs.), Lil' Tigers (5-8 yrs.), Beginner, Intermediate, Advanced Classes for adults and youth, Interval Training, Adv. Kata and Cardio-Kickboxing. **Located at the Antioch Bowling Alley on Rte. 173.** Please call 847-395-2160, 847-395-5425 or 847-302-5425 for more information on specific days, times and fees.

**ANTIOCH SHOTOKAN KARATE 2006 SUMMER DAY CAMP:** Camp includes karate classes, self defense, movies, supervised free time, board games, special **activities** and much more! We will be swimming every day (weather permitting), bowling, and going to the Antioch Movie Theatre on Friday. Snacks are provided twice daily. Camp includes T-Shirt. Dates: 8/14 - 8/18 and 8/21 - 8/25. Time: 6:00 a.m. - 6:00 p.m. (full day camp) \$150 per week or 6:00 a.m. - noon (half day camp) Age: 4-12, \$85 per week. Must Register by August 6th. Class held at Shotokan Karate at Antioch Bowling Lanes.

**5 STAR SPORTS CLASSES-** Classes available this summer include: **August:** Iceless Hockey Camp for ages 4-6 yrs., 6-8 yrs, and 9-12 yrs. Please call the Parks Office for specific dates and times.

**DANCE ACADEMY** - Dance classes for children at Antioch Studio at 77 McMillan Rd. Upcoming Classes: Pre Pointe Workshop 8/7- 8/10, and Hawaiian Hula Dance for 3-8 yrs. Wednesday, 8/9. Call for specific times and fees.

**HORSEBACK RIDING LESSONS** - at Windance Acres, 803 Cedar Lake Rd. in Lake Villa. Indoor and outdoor arena. Wednesdays from 4-5:00 p.m. Session 5: 8/2-8/23. Fee: \$120/130.

**PILATES/YOGA** - **Yoga:** This class provides a gentle and systematic approach to basic postures, breathing and relaxation techniques. Mondays from 5:30-6:30 p.m. **Pilates:** Mat class designed to restore muscular balance and improve overall body strength. Bring a towel and a mat. Held on Wednesday evenings from 6:00-7:00 p.m. **Yoga/Pilates Fusion** A perfect class for those who would like to tone up. This class is a blend of Pilates and Yoga. Thursday mornings from 9-10:00 a.m. Fees: \$37/42. All classes held at Parks Building. August is a 4 week session. Instructor Janice Fenske.

**CERAMICS CLASSES - NEW CLASSES! Held at Ceramics For You at 1498 No. Rte. 83 in Antioch.**  
**Room Plaque:** Make your own room plaque with your name on it. Ages 7-13 yrs. Wednesday, 8/9 from 4-5:00 p.m. Fee: \$22/27.

**GOLF AT ANTIOCH GOLF:** Golf Lessons for Adults and Youth ages 7-15 yrs. Session 4: 7/31- 8/14. Fee: \$55/60. Call Parks Office for specific times.

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